The Old Man

The Monthly Newsletter of the Magothy River Sailing Association



Calendar of Upcoming Events

- Oct. 3-4 Sunday Brunch Cruise

- Oct. 15 Chesapeake Bay Schooner Race

- Oct. 15 Constellation Cup

- Oct. 24-25 Frostbite Cruise



Commodore's Comments

As the boating season winds down and boaters begin to think of preparing their boats for winter, we must remain vigilant for dangerous bacteria that have remained dormant during the winter and early boating season. The Magothy River Association has just released a warning stating two recent occurrences in our local waters which are very serious. (See Magothy River Association warning at the end of this article.)

One who has experienced one of these bacteria first hand is our own Dr. Norm Poulsen, our Fleet Captain Cruising. After Norm received a cut in the water, Norm was concerned with two main water borne bacteria--Vibrio vulnificus, Vibrio for short, and Mycobacterium marinum. The first, Vibrio which is confirmed in the warning letter from MRA has been found in 80% of the of Bay water samples taken in warm months and rapidly grows. The following quotes are taken from an article that Norm submitted to Chesapeake Bay Magazine about these two types of local bacteria: Vibrio "causes nausea, vomiting and diarrhea if sufficient amounts are ingested with raw seafood especially oysters--and it can cause rapidly developing skin infections in wounds exposed to contaminated water. Most infections are mild, but even they can also lead to tissue destruction and large blister formation. In higher-risk individuals--people with liver disease or depressed immune systems, as well as chronic diseases like

diabetes or rheumatoid arthritis--severe infections, sepsis and shock are possible, with death rates of approximately **50 percent**."

The second bacteria is Mycobacterium which Norm contracted after lightly brushing his arm against a couple of barnacles while cleaning his boat bottom. "Mycobacterium is a close cousin to the bacteria that cause tuberculosis. Mycobacterium grows in fresh, brackish or salt water, even in fish tanks. The infection it causes among humans is known as "fish handler's disease" or "fish-tank finger". If it gets into the joints or tendons especially in the fingers, it can be destructive and may need surgical excision in addition to antibiotics. Antibiotic therapy is lengthy." Norm used the antibiotic therapy for four months.

So, if you receive a cut in the Bay water and it does not heal or heals and then returns, please seek medical attention.

Thank you, Dave Pirone, Commodore, MRSA

Ask not what MRSA can do for you, ask what you can do for your MRSA

Hi everyone.

MRSA needs one more volunteer to lead a cruise planned for this season.

Constellation Cup, October 17-18. This is also new to the MRSA calendar. The Constellation Cup is an annual fur race to benefit the historic ships in the Inner Harbor. The course starts near Fort McHenry, goes southeast through the Key Bridge, rounds Fort Carroll, goes back up past Fort McHenry, and finishes right by Constellation in the Inner Harbor. The day ends with a fantastic catered party on the Constellation dock. There is a division for the diehard racers, but most boats participate in the full-keel or fin-keel divisions with a pursuit start (the boats start according to PHRF ratings, so, whoever finishes first is first and no nail-biting crowded starting line). Ratings are given if you don't have one. I have sailed in four of these events and had a blast each time--all for a good cause.

Please consider volunteering to lead this cruise: if you need more information, please feel free to contact me.

Norm Poulsen Fleet Captain Cruising

Labor Day Follow Up

By Debbie Lund



The Labor Day Weekend was warm and sunny and started out with a Small Craft Advisory for Saturday. Unfortunately for us, the wind only lasted until we were south of the Bay Bridge. I felt like we were between two wind patterns, so we motored most of the way to San Domingo Creek. It was about 5 pm when we rafted to the Kammann's aboard *Renaissance*, and happy hour was ready to start. *Renaissance* can hold a lot of people on the 2 decks. MRSA didn't break the record of over 30 people, but we were close. Hopefully, I won't miss anyone, but I will try to list everyone who attended the cruise: Myron and Sigi Dorf with Chris and Norm Poulson (accruing extra cruising points), Ed and Peggy Poe, Kelly and Ted Goodhue, Mike and Loura Bonham, Marianne and Dick Kammann, Rich and Toni Hughes, Bob Krapfel and Gabriella Belli, and John and Debbie Lund. The Hughes had two neighbors that joined them on their boats and one couple that came by car.

On Sunday, everyone left us and went to Cambridge for the crab feast. We decided not to go further from the Magothy since we had to be at work on Tuesday morning. John and I went to Waterhole Cove on Harris Creek. Monday winds were light in the morning and early afternoon, so we motored back to the Magothy.

Labor Day Crab Feast Cruise By Rich Hughes

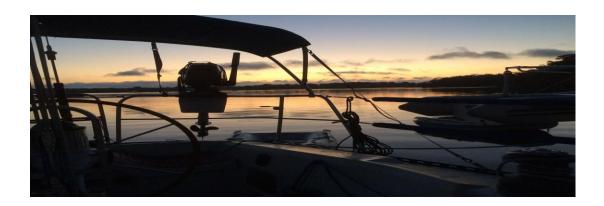
The "Other" Labor Day cruise. John and Debbie Lund, aboard Min Van IV, led the very successful Labor Day Cruise to San Domingo Creek. Many of the boats in San Domingo Creek continued to Cambridge on Sunday to attend a Labor Day Weekend Crab Feast crab feast sponsored by the Chesapeake Bay Seafood Industries Association (CBSIA). The boats that ventured to Cambridge included Frequent Flyer, Mike and Loura Bonham; Ravenous, Ed and Peggy Poe; Renaissance, Dick and Marianne Kammann; Moxie, Rod Swank and Dennise Fath with Dennise's sister, Marie, and friend aboard; Blue Moon, Norm and Chris Poulsen with Sigi and Myron Dorf aboard; April Fool, Dick and Dretta Peterson; Paradox, Bob Krapfel and Gabriella Belli; Fantastic, Rich and Toni Hughes; Tattoo, Dave and Denice (Denny) Boyer and son, Richard (friends of Hughes'); and Sassy, Frank and Sharon Synowiec (friends of Hughes). Also joining the eastward migration by land yacht were Mike and Annette Mullarky, Jon Mullarky, and Wally and Jean Gribbin. Most of the boats left San Domingo Creek after a lazy morning and motor-sailed on a hot September morning. Arriving in Cambridge, we were greeted by the very able dock master and crew. By that time, showers on shore were in order for many of the crew, including Fantastic's crew.

Most of the group opted to skip the large happy hour and beer sampling and have our own happy hour on the picnic tables under the shade trees at the marina. The Mullarky's who were caught in the holiday bridge traffic arrived to the happy hour just in time to head for the crab feast. It was a short walk over to J. M. Clayton's for the crab feast. Many enjoyed the "tour" of the facility and discussion of the overall operation. The Clayton's was packed with hungry crab eaters. Meaty crabs, corn, watermelon, salads and desserts including Mullarky cookies were included in the feast.

After a leisure walk back to the marina, many joined an impromptu gathering at the picnic tables for coffee and more desserts graciously provided by the crew of *Renaissance*. On Monday morning, several walkers were out early before the heat. Not much stirring in Cambridge on a holiday morning. Several of the group left with the promise of a hot motor boat ride home.

Those who lingered (*April Fool, Frequent Flyer, Sassy, Tattoo* and *Fantastic*) found a good coffee shop open with light fare for lunch. We enjoyed the air conditioning before leaving Cambridge about 2 pm for La Trappe Creek. We watched lots of swimmers on the inside of the split of land just inside as we entered La Trappe Creek. Reports were no jelly fish on the creek side. We had seen many jelly fish in the river side. The cocktail hour aboard *Fantastic* was very enjoyable. Denny Boyer, one of our neighbors, outdid us all with a salmon appetizer. Delicious! As we prepared to retire about 2130, we noticed flashing lights on the shore just past where the swimmers had been during the day. We could see flashlights and people walking around the area. The next addition was a helicopter with his large spotlight. Being the curious beings, we turned on the VHF radio. We could hear a ranger aboard a rescue boat talking to the helicopter pilot. They were responding to a report of a missing female adult in the water. The pilot of the helicopter started a grid search outlined by the ranger. The initial search did not find the missing person. The pilot turned off this spotlight. We learned from the radio transmissions that he was using thermal technology to "search". As radio dialogue continued, we were concerned this was not going to have a good ending. About 11 pm, the helicopter pilot expanded his search area and began looking at all of the surrounding Navaids. Success! The female was spotted on a Navaid waving to the helicopter. She was brought ashore nearby by the county rescue boat. She had jelly fish stings and scraps but was okay. It was good ending.

Tuesday morning, *April Fool, Frequent Flyer and Fantastic* changed plans, bypassing the Little Choptank River, to head to the Rhode River because of poor weather expected for Thursday. We had the Rhode River pretty much to ourselves and enjoyed a good co-op dinner with the weekend leftovers. On Wednesday morning, we enjoyed a beautiful sunrise before heading for home ahead of the expected rain.





Church Creek Cruise

By Rich Hughes

The most noticeable thing missing from the Church Creek cruise were the boats. The threat of the approaching hurricane Joaquin, shortened the cruise but did not dampen the spirits! While the happy hour was cancelled on Saturday, there was a great turnout for the omelet brunch on Sunday morning. Those in attendance included: Mike and Loura Bonham, Ed and Peggy Poe, Dave and Denise Pirone, Myron and Siggy Dorf, Rod Swank and Dennise Fath, Dave Gendell, John and Debbie Lund, Stu and Vicky Timerman, Wes and Sheryl McNair, Norm and (newly retired) Chris Poulsen, Wally and Jean Gribbin, Joe and Diane Jackins, and friends John and Mary Zohlen. The Omelet King has not lost his touch. Rich made 27 omelets to order. Many delicious sides brought by the cruisers were enjoyed with the omelets. New to the menu this year, along with Bloody Mary's and Mimosas, a New Orleans' favorite, "Hurricane", was available. The rum seemed to help moderate the effects of the foul weather. We all had a chance to wish Myron and Siggy Dorf farewell as they leave to move to New Jersey. We have enjoyed their company and many contributions to MRSA. They will be missed, and we hope to see them again.

Mark your calendar

Great Schooner Race

Submitted by Ed Poe

Once again Ravenous will be ready to take a crew out for a day on the Bay. Why not take a Thursday off from work or from your normal weekday chores or activities? Plan for a day on the water to see a spectacular parade of sails not seen in the Magothy!

On Thursday October 15th Captain Ed Poe will welcome all comers and leave the pier at about 10:00 to head for the Bay Bridge area. There you will be able to see the 50 or so schooners taking part in the Great Chesapeake Bay Schooner Race. The Race begins at 1:00 PM, and you see the schooners head to Portsmouth, Virginia.

Bring your sandwich and your camera. Come to see the Pride of Baltimore, the schooners Virginia, Lady Maryland, Mystic Whaler, and the Amistad. There are wonderful photographic opportunities.

Ravenous should return to the pier by 5:00.

If you would like to sail on Ravenous, let Ed know by email at mpoe1@comcast.net or by calling 410-916-0325 (Ed) or 410-916-3480 (Peg).

Frostbite Cruise October 24-25, 2015

By Debbie Lund

ATTENTION ALL MEMBERS: The last cruise of the season will be to Annapolis and Buddy's Crab and Ribs on October 24th. You can come by Boat or Land Yacht. It is Navy Homecoming, but I have reservations for 20 people at Buddies for 1800 hours or 6 pm. If you come by boat, just pick up a mooring. It should not be crowded after both boat shows. It is always fun to people/boat watch on the moorings. Anyone coming by boat or if you come to town early, we will have happy hour at 1700. Let's hope it isn't too cold by October 24th.

If you are planning to attend the dinner, please call The Lunds at 410-544-2551 or email dlund210@gmail.com by

Cruise Leaders

Wednesday, October 21st.



Hi everyone,

I would like to briefly remind everyone of the responsibilities of our cruise leaders. First, be sure to write a description of the cruise you are leading to be put in the edition of the **Old Man** that precedes the cruise. The "Old Man" usually comes out early in the second week of each month, so please send this description to Mike Bonham around the first of the month. I will try to send an email out to remind each leader to do this, but don't count on me! Second, while on the cruise, try to get the names of everyone who is attending, whether they came by boat or by land, and if it is a multi-day cruise, who was there for the different days. Please send this information to me after the cruise.

Third, following the cruise, please write another article to send to Mike that describes what happened on the cruise (particularly any fun or humorous events) and who attended the cruise.

Thanks very much, and let me know if you have any questions.

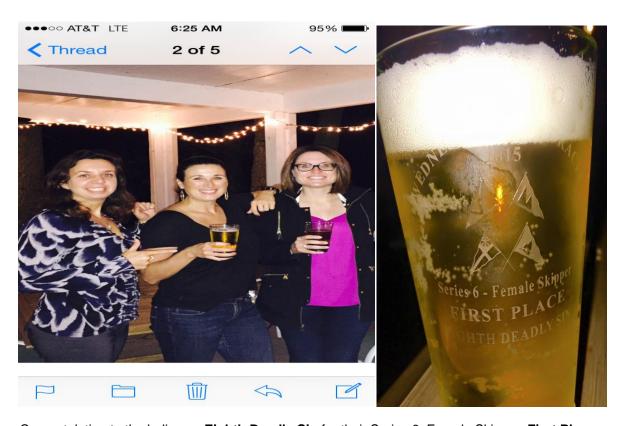
Norm Poulsen Fleet Captain Cruising

Racing Corner

A reminder that the Constellation Cup is 10/17 in Baltimore. More information and registration can be found at http://www.ussconstellationcup.org



Capricious takes the Magothy Cup for 2015



Congratulation to the ladies on **Eighth Deadly Sin** for their Series 6 Female Skipper **First Place** (According to the photo they were still charged up at 6:25 am)

Mariner's Notice

Mariners: Have you ever noticed that the lovely thing about cruising is that planning usually turns out to be of little use.

Bay Bites

Bay bites is a new addition to the "Old Man" of tasty treats that can be made on a boat. I know we all love our boats and enjoy eating, so, dig up your favorite boat recipe from your galley to share with the MRSA members

Please send your recipe to newsletter@magothysailing.com, and I will publish it in Bay Bites.

Chocolate Fudge

by Jean Gribbin

3 cups semisweet chocolate morsels 1/2 stick of butter (cut in pieces)

1 (14 oz) can sweetened condensed milk 1 c chopped walnuts

Combine first 3 ingredients in a 2-quart glass bowl. Microwave at medium power 4-5 minutes, stirring at 1-1/2 minute intervals. Stir in walnuts and pour into a buttered pyrex dish. Refrigerate and serve the next day.

MRSA Classified

MRSA Classifieds – good deals from MRSA members

<u>HELP WANTED:</u> MRSA is looking to fill the position of **Editor for the** *OLD MAN*. If you have a computer, you qualify for the job. If you are willing to take on the job or would like to volunteer someone else, contact: Mike Bonham at mwbonham@aol.com or call at 410-439-0507.

<u>SAIL FREE</u> once a week.... willing to train but you must be "dedicated" to learning. We may be out in rough conditions, so, this is not for the faint of heart. We leave the dock at 4:30 PM sharp. All summer long, starting mid April. We can teach you if you are able to handle yourself on a "small boat" in heavy weather. Please respond with a contact number, email SailingDr@aol.com.

<u>FOR SALE:</u> 1999 West Marine/Zodiac 8.5 ft. inflatable dinghy with 2009 4 HP 4-stroke Yamaha with very low hours. Needs tune-up. Contact Bill Van Wambeke 443-618-7

FOR SALE: ISLANDER 36 1980

Designer: Alan Gurney Builder: Islander Yachts LOA: 36'01" LWL: 28'03" BEAM: 11'02" DRAFT: 6'0"

Displacement: 13,450 lbs. Ballast: 5450 lbs. Sail Area: 576 sq ft.

Fiberglass hull. Eggshell color.

Equipment:

Schaefer head furler. Raymarine instruments: Wind, speed, log, depth, Raymarine autopilot, Raymarine GPS. Radio: Standard. Sails: North Main, Genoa 150 percent, Genaker. Winches: 4 at cockpit, 4 on mast, 1 on deck. Spinnaker boom on deck. Dodger, bimini and extension, side panel. Engine: Pathfinder 50.

Price: \$19,000. PHILIPPE MASIEE

PHONES: 410-647-5777, 410-255-1586

FOR SALE We will be moving in the fall and are looking for buyers for:

9 ½ FT ZODIAC DINGHY

If you know anyone who might be interested in this, please have them call Myron or Sigrid Dorf at 410-255-8330.

FOR SALE Pearson 37, Racer/Cruiser, 1982, Hull #10, Bumble Bee

Dimensions:

LOA: 36.92 ft, LWL: 30.08 ft, Beam: 11.83 ft, Displacement: 12524, Ballast: 5400 lbs.

Tankage: Fuel: 35 gal, Water: 70 gal, Yanmar 3GM30 diesel (new in 2001), 27hp, 590 hrs.

Performance

Raced for many years on the Chesapeake Bay by current owners and has proved to be a top level racer (1st, 3rd, 4th and 6th out of 5 Governors Cup Chesapeake Bay Race, plus about 25 trophies in the past 12 years.

Electronics:

Garmin GPSMAP 192C, Garmin network with depth, speed, wind direction and two monitors in cockpit, SailComp 103C racing calculator, Raytheon ST4000 Autopilot with SPX smart pilot, ICOM IC-M45 VHF

Horizon MST30 AM/FM Stereo with tape player Overall Accommodations, Layout, Equipment

Very stylish low profile lines, nicely set up cruiser with shower, hot water plumbing (need hot water heater), Force 10 stove, sleeps 7, large selection of sails. The mast is the taller version, fin keel, hydraulic vang and backstay, responds very quickly and points excellently up wind. Spray dodger, connecting bimini with back shade (new 2013,

used 4 times) Asking price is \$39,750

Call 410-647-2468, 410-562-3421 or celerity1@verizon.net

<u>Deep water slip</u> (28-42') on the Magothy for rent. Very protected in Black Hole creek across from PSA. Water and electricity available. Call Tom at 443-537-7264 for details! Thanks!

<u>Wanted</u> Cast iron cookware, Griswold emblem on bottom. Contact Mrs Santa Claus (Loura Bonham) at louradbonham@gmail.com or 410-439-0507.

FOR RENT: Now taking reservations for the 2015 season. Waterfront home on a bridged private island on Lake Winnipesaukee (New Hampshire). 3 bedroom, 2 bath vintage cottage sleeps 6-8, with 125 feet of shoreline, dock, 2 kayaks, 1 canoe. Located on a pretty cove protected from waves and wind for great swimming but with direct access to the open lake. Western exposure so you can soak up the warm late afternoon sunshine on the large deck. Flat screen TV, wireless internet, and a washer/dryer are included. Lake Winnipesaukee, located just south of the White Mountains, is the third largest natural lake in New England, 22 miles long and 8 miles wide with hundreds of coves and islands. You can see the bottom through 10 feet of crystal clear water at the end of the dock. Quaint towns, multiple outdoor activities for adults and kids, and many excellent restaurants are all nearby. Google "Black Cat Island" to see the location.

Special rate for MRSA members - \$1650/week

Contact Norm and Chris Poulsen at cnpoulsen@gmail.com for more information and pictures.



Photo by Mike Bonham



The Old Man

Magothy River Sailing Association P.O. Box 1135 Pasadena, MD 21122 Treasure the Chesapeake!

Please do your part to restore the Bay and actively make it cleaner.

htttp://www.magothysailing.com