# The Old Man

The Monthly Newsletter of the Magothy River Sailing Association



## **Calendar of Upcoming Events**

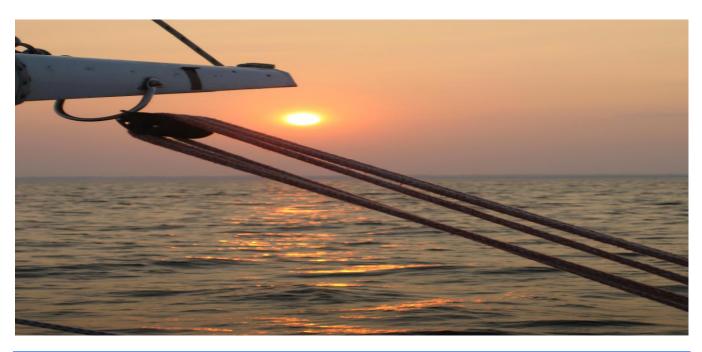
- Sept 5-7 Labor Day Cruise

- Sept 5-6 Annapolis Labor Day Regatta

- Sept 13-27 Long Cruise

- Sept 26-27 PSA Race to Rock Hall

- Oct 3-4 Sunday Brunch Cruise



#### **Commodore's Comments**

I am not sure if you have had your fill of the name calling and righteous posturing from our political candidates yet, but it looks like we have a long long year ahead of us. What a drastic contrast with our MRSA elections coming this November. Our officers have **not** been caught in the constant Washington dead lock. We have had a very productive and enjoyable year here at MRSA, and events are already on the books for 2016. I accepted the position as Commodore because of the support I hoped I would receive. Well, needless to say, the cooperation and the dedication of our staff, many of them serving consecutive terms, has surpassed my expectations. It is time however, to have some new faces both in our staff and membership this November. I would like to task everyone to begin thinking of stepping forward as an officer or trying to encourage new membership. Do you know someone who enjoys sailing, boating, and social activities on the great Chesapeake Bay?

We are so blessed to have such a great waterway to experience, everyone should have the same chance. So reach out--MRSA is the best bargain on the bay.

Thank you, Dave Pirone, Commodore, MRSA

#### Ask not what MRSA can do for you, ask what you can do for your MRSA

Hi everyone.

MRSA needs one more volunteer to lead a cruise planned for this season.

Constellation Cup, October 17-18. This is also new to the MRSA calendar. The Constellation Cup is an annual fur race to benefit the historic ships in the Inner Harbor. The course starts near Fort McHenry, goes southeast through the Key Bridge, rounds Fort Carroll, goes back up past Fort McHenry, and finishes right by Constellation in the Inner Harbor. The day ends with a fantastic catered party on the Constellation dock. There is a division for the diehard racers, but most boats participate in the full-keel or fin-keel divisions with a pursuit start (the boats start according to PHRF ratings, so, whoever finishes first is first and no nail-biting crowded starting line). Ratings are given if you don't have one. I have sailed in four of these events and had a blast each time--all for a good cause.

Please consider volunteering to lead this cruise; if you need more information, please feel free to contact me.

Norm Poulsen Fleet Captain Cruising

# Feast St. Lobster Michael's August 8-9

Submitted by Bill Taylor & Stephania Braham, Cruise Leaders



The weather Saturday and Sunday was beautiful setting the stage for a delightful weekend. The evening began with cocktails at 4:00 pm on board the "Falcon" where most of the 19 MRSA attendees enjoyed hors d'oeuvres and libations in a jovial atmosphere while just catching up with each other.

Then it was time for the main attraction, the Lobster Feast. The delicious, abundant meal included: Lobster, shrimp, mussels, clams, corn, baked potato plus cakes prepared by Chef Billy. The MRYC auctioned a 12-1/2 pound lobster. Unfortunately, none of our members won; what a party that would have created.

Our bonus event for the evening was a performance by Dawn Williams. Her musical talents include playing the keyboard, flute and saxophone. We were all dazzled by her vocal abilities. She sang, "Someone Like You", by Adele, and we all stopped chatting...watch out Adele!

In further pursuit of a fun-filled evening, we converged on "Moxie", a beautiful sailing vessel, owned by Rod Swank and Dennise Fath. All enjoyed cocktails and laughter late into the evening.

### AUGUST PICNIC/CRUISE AT MIL-BUR

The MRSA charm worked again, and we had another gorgeous day for the annual August picnic/cruise. The temperature was high, but the breeze off the water and the trees kept us all comfortable.

A few people cooled off in the pool, but most were busy eating and talking, and the time passed quickly and enjoyably. Thank you to Commodore Dave Pirone for his help in setting up and for manning the grills and to Tony Torres for his help until all were well fed. Thank you also to Bill Taylor and Stephania Braham for the use of the tent and their help with setting up, and thank you to everyone for coming and making it a fun event.

Most of the 45 attendees arrived by land yacht but the Lunds sailed over on Min Van IV, Rod Swank and Dennise Fath on Moxie and the Gribbins arrived by Whaler.

#### Mark your calendar

**Bob Arias** 

To: Club Beneteau Chesapeake Bay, Chesapeake Bristol Club, Eastport Yacht Club, and the **Magothy River Sailing Association.** 

The Chesapeake Bay Seafood Industries Association (CBSIA) invites you to a Labor Day Weekend Crab Feast!

On Sunday, September 6, we go to Cambridge for a Happy Hour and Crab Feast at J. M. Clayton Co., arranged by CBSIA. Clayton's is the oldest and most respected seafood company in the area, and we'll be getting crabs directly from their watermen. This year, we're going to start with an Appetizer Happy Hour (along with a BEER tasting) at 4:30 pm, an optional plant tour at 5:00 pm, followed by the Crab Feast at 5:30 pm. Bring your favorite appetizer to share as well as some of your favorite brews to share. Then, it's all you can pick and eat crabs, corn on the cob, and watermelon; bring your own beverages as well as crab tools.

Please sign up so we know how many crabs to catch. Contact Bob Clopp (email <a href="mailto:rclopp@verizon.net">rclopp@verizon.net</a> or call his cell <a href="mailto:703-623-1068">703-623-1068</a> or home <a href="mailto:410-956-0207">410-956-0207</a>) with your name, number of people, and whether you will be eating crabs. The cost will be about \$35 or \$10 if you don't eat any crabs which will be collected at the event (cash ONLY).

You can attend the crab feast by land (108 Commerce St., Cambridge MD) or sea. By sea, one can tie up for free at the seawall inside the creek (no services) or rent a slip at the nearby Cambridge Municipal Yacht Basin (410-228-4031).

## **Labor Day Cruise**

By Debbie Lund

The "summer" of 2015 is the longest possible if you go from Memorial Day to Labor Day. Memorial Day was early and Labor Day is the latest possible date, so let's celebrate. *Min Van IV* will be heading to San Domingo Creek off of Broad Creek which is off of the Choptank River on Saturday, September 5th. This destination is known as the "back door" to St. Michaels. We will host "happy hour" at 1700 hours on Saturday. Our plan will be to stay there and go to St. Michaels on Sunday or relax on the boat. We will head back to the Magothy on Monday. If you are interested in attending the cruise, please call or email Debbie or John at (410) 544-2551. dlund210@gmail.com.

## Long Cruise- September 2015

By Debbie Lund

John and Debbie Lund will be heading out for a 2-week cruise on Sunday, September 13.

A preliminary itinerary is as follows:

Sunday, September 13, Solomons Island

Monday, September 14, Reedville, Great Wicomico

Tuesday, September 15, Fleets Bay, Dymer Creek

Wednesday, September 16, Urbanna, Rappahannock River

Thursday, September 17, Deltaville

Friday, September 18, Mobjack Bay, East River

Saturday, September 19, Cape Charles

Sunday, September 20, lay day

Monday, September 21, Sarah Creek, York River

Tuesday, September 22, Jackson Creek, Piankatank River

Wednesday, September 23, Mill Creek, Great Wicomico

Thursday, September 24, Solomons Island

Friday, September 25, lay day or St. Leonard Creek

Saturday, September 26, West River

Sunday, September 27, Home

If anyone is interested in joining us for the first weekend, a week or the entire 2 weeks, please call or email us at (410)544-2551 or <a href="mailto:dlund210@gmail.com">dlund210@gmail.com</a>. This itinerary may change depending on weather!

## Go South for the Fall

Submitted by Rich & Toni Hughes

The cruise for October 3<sup>rd</sup> and 4th will be to Church Creek on the north shore of the South River. Plan to arrive by 1700 hours on Saturday to enjoy happy hour ashore at the Wilelinor Community beachfront. Bring a hors d'oeuvre to share. In case of inclement weather, happy hour will be in the community pavilion adjacent to the marina and beach area. Taxi service will be available upon request. Contact Rich at 410-903-7392.

Sunday morning, Rich and Toni will host the **annual omelet brunch** and open house at their home. If you can't come by boat, plan to arrive by land yacht and enjoy a weekend on the South River. Please RSVP for the brunch to insure that we have enough eggs to feed the masses.

Local Knowledge for Church Creek on the South: Once you approach the speed marker, the better water is to the right side. Once inside the marker, stay to the center of the creek. On the bluff on the right is the remains of the tragic mansion fire last January. You will see a community marina on the left. Continue up the creek.

On the right side just beyond the second pier you will see a wooden bulkhead. Be sure that you are at least two boat lengths off the bulkhead. Beyond the bulkhead on the left will be a speed marker on the left side, along the shore with marsh grass behind the marker. There is a shoal extending two to three boat lengths from the speed marker, stay to the right of the creek as you pass the speed marker. Once past the speed marker, stay in the middle of the creek.

Beyond the speed marker, continue in the center of the creek. Looking ahead, you will see a house with bright yellow awnings. The community marina is on the point to the right of the house with the yellow awnings. Off the point, the creek narrows past a speed marker on a pilling. Anchor in the creek before the speed marker. The water depth is approximately 8 feet and carries well up to the wooded shore to port.

There are pilings about 20 yards off the shore in front of the community area. The floating dingy dock is inside the pilings.

Directions by land yacht to the Church Creek Cruise: Take Ritchie Highway south to Route 50 West. Follow Route 50 west to Exit 22 for Aris Allen Boulevard (Route 665). Exit Route 665 at Solomon's Island Road (Route 2). From the exit ramp, continue straight across route 2 into the community of Wilelinor. As you are facing Christ Church, turn right. Proceed to the stop sign. Turn left on to Wilelinor Drive. Follow Wilelinor Drive until it curves to the left. As Wilelinor Drive turns back to the right continue onto Carvel Circle. The tan house with red shutters on the left (11 Carvel Circle) is the Hughes'. On Saturday, park at the Hughes' house and walk down Wilelinor Drive to the end (one long block) to reach the marina. On Sunday you are welcome to park at the house for brunch. Sunday brunch contributions are welcome but not required. A-L bring fruit or juice, M-Z bring side dish to share.

#### **Great Schooner Race**

Submitted by Ed Poe

This cruise is one of Captain Ed Poe's favorites, and if you join him aboard Ravenous, you will see why. The weather is generally crisp and beautiful, with clear skies and a breeze. What more can sailors ask? Why not get away from your normal weekday routine and plan for a day on the water to see a spectacular parade of sails not seen in the Magothy?

On Thursday, October 15<sup>th</sup>, Ed Poe invites you to join him on the good ship Ravenous to head south to Annapolis. He will leave the pier at about 10:30am to head for the Bay Bridge area. There you will be able to see the 50 or so schooners who will be taking part in the Great Chesapeake Bay Schooner Race. The Race begins at 1:00 PM, and you will see the schooners head to Portsmouth, Virginia.

Bring your sandwich and your camera! Ravenous should return to the pier by 5:00 pm. If you would like to join Ed, let him know by Tuesday, October 13<sup>th</sup> via email at <a href="majorate">mpoe1@comcast.net</a>. Or, call 410-916-0325 (Ed's cell) or 410-916-3480 (Peggy's cell).



Hi everyone,

I would like to briefly remind everyone of the responsibilities of our cruise leaders. First, be sure to write a description of the cruise you are leading to be put in the edition of the **Old Man** that precedes the cruise. The "Old Man" usually comes out early in the second week of each month, so please send this description to Mike Bonham around the first of the month. I will try to send an email out to remind each leader to do this, but don't count on me! Second, while on the cruise, try to get the names of everyone who is attending, whether they came by boat or by land, and if it is a multi-day cruise, who was there for the different days. Please send this information to me after the cruise.

Third, following the cruise, please write another article to send to Mike that describes what happened on the cruise (particularly any fun or humorous events) and who attended the cruise.

Thanks very much, and let me know if you have any questions.

Norm Poulsen Fleet Captain Cruising

#### **Racing Corner**



#### **Mariner's Notice**

Mariners: Have you ever noticed that the man who goes farthest is generally the one who is willing to do the dare. The sure-thing boat never gets far from shore.

#### **Bay Bites**

Bay bites is a new addition to the "Old Man" of tasty treats that can be made on a boat. I know we all love our boats and enjoy eating, so, dig up your favorite boat recipe from your galley to share with the MRSA members

Please send your recipe to newsletter@magothysailing.com, and I will publish it in Bay Bites.

#### Crock-Pot Chicken Indonesian

Submitted by Annette Mullarky

From Saving Dinner by Leanne Ely Serves 6\* (see notes)

(aka "The Chicken Stuff" on Eighth Deadly Sin and at the firehouse)

1 tablespoon soy sauce (tamari for gluten-free)

2 cloves garlic, minced

2 teaspoons grated fresh gingerroot

1 ½ teaspoons sesame oil

1/4 teaspoon cayenne pepper

6 skinless chicken thighs (I use boneless)

1/3 cup peanut butter

In a small bowl, combine soy sauce, garlic, ginger, sesame oil, and cayenne pepper. Place chicken in a Crock-Pot. Pour sauce mixture over the top of the chicken. Cover and cook on low heat setting 6 ½-7 hours or until chicken is tender and fully cooked. Remove chicken from Crock-Pot and stir peanut butter into juices until smooth. Spoon sauce over chicken to serve.

#### Per Serving:

139 cal, 10g fat, 10g protein, 3g carbs, 1g fiber, 16 mg cholesterol, 251 mg sodium.

Serving Suggestions: Serve with brown rice, steamed broccoli and baked sweet potatoes.

#### Mullarky Notes/Modifications

- A single batch will definitely NOT serve six hungry sailors (or firefighters)! I usually make 2 ½-3 batches for our crew of 8-10, and a double batch for 4 at the firehouse.
- But that's OK, because it's even better reheated the next day, so make extra.
- I use the garlic and ginger you find in the glass jars at Giant. (Fresh does make it even better, but adds to prep time I take the lazy way out!). I don't recommend powdered.
- Tamari instead of soy sauce makes the recipe gluten-free. Low sodium soy sauce works if you're watching sodium. I haven't tried lowfat/diet peanut butter.
- The chicken usually shreds when I pull it out at the end, so I just stir in the peanut butter, then stir the chicken back into the sauce.
- I sometimes add a bag of shredded carrots about an hour before serving. Other veggies would probably be good, too.
- Excellent poured over the brown rice and broccoli.
- We've always used creamy peanut butter, but I think chunky would be fine (or add chopped peanuts) if you
  want a little more texture.

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#### **MRSA Classified**

## MRSA Classifieds - good deals from MRSA members

**HELP WANTED:** MRSA is looking to fill the position of **Editor for the** *OLD MAN*. If you have a computer, you qualify for the job. If you are willing to take on the job or would like to volunteer someone else, contact: Mike Bonham at mwbonham@aol.com or call at 410-439-0507.

**LOOKING TO CREW:** I live in the mouth of Deep Creek on the Magothy and am interested in finding a boat to race on for next year. I am an experienced sailor (not a racer) and own a Cal 29 and 15' day sailor. Contact is wgoodhand@moog.com or Rick Goodhand, 410-693-5424.

<u>SAIL FREE</u> once a week.... willing to train but you must be "dedicated" to learning. We may be out in rough conditions, so, this is not for the faint of heart. We leave the dock at 4:30 PM sharp. All summer long, starting mid April. We can teach you if you are able to handle yourself on a "small boat" in heavy weather. Please respond with a contact number, email SailingDr@aol.com.

<u>FOR SALE:</u> 1999 West Marine/Zodiac 8.5 ft. inflatable dinghy with 2009 4 HP 4-stroke Yamaha with very low hours. Needs tune-up. Contact Bill Van Wambeke 443-618-7206

**FOR SALE:** Island Packet 370 "Ariake" for sale. Perfect for cruising the bay (draft only 4' 3" and a well-protected prop) or heading out to blue water (yes, she's equipped), Ariake had most of her electronics and all of her running rigging replaced last year. Visit <u>ariake.us</u> to learn more about this wonderful comfortable vessel. Contact us before we contract with a broker - email <u>info @ariake.us</u>.

FOR SALE: ISLANDER 36 1980

Designer: Alan Gurney Builder: Islander Yachts LOA: 36'01" LWL: 28'03" BEAM: 11'02" DRAFT: 6'0"

Displacement: 13,450 lbs. Ballast: 5450 lbs. Sail Area: 576 sq ft.

Fiberglass hull. Eggshell color.

#### Equipment:

Schaefer head furler. Raymarine instruments: Wind, speed, log, depth, Raymarine autopilot, Raymarine GPS. Radio: Standard. Sails: North Main, Genoa 150 percent, Genaker. Winches: 4 at cockpit, 4 on mast, 1 on deck. Spinnaker boom on deck. Dodger, bimini and extension, side panel. Engine: Pathfinder 50.

Price: \$19,000. PHILIPPE MASIEE

PHONES: 410-647-5777, 410-255-1586

**FOR SALE** We will be moving in the fall and are looking for buyers for:

WATERFRONT HOME ON CORNFIELD CREEK 1997 CATALINA 320 SAILBOAT 4 WINNS 21.5 FT RUNABOUT 9 ½ FT ZODIAC DINGHY

If you know anyone who might be interested in any of these, please have them call Myron or Sigrid Dorf at 410-255-8330.

Free 4 full-length battens for a 32 ft sailboat. Call Myron Dorf, 410-255-8330.

<u>Deep water slip</u> (28-42') on the Magothy for rent. Very protected in Black Hole creek across from PSA. Water and electricity available. Call Tom at 443-537-7264 for details! Thanks!

**FOR RENT:** Now taking reservations for the 2015 season. Waterfront home on a bridged private island on Lake Winnipesaukee (New Hampshire). 3 bedroom, 2 bath vintage cottage sleeps 6-8, with 125 feet of shoreline, dock, 2 kayaks, 1 canoe. Located on a pretty cove protected from waves and wind for great swimming but with direct access to the open lake. Western exposure so you can soak up the warm late afternoon sunshine on the large deck. Flat screen TV, wireless internet, and a washer/dryer are included. Lake Winnipesaukee, located just south of the White Mountains, is the third largest natural lake in New England, 22 miles long and 8 miles wide with hundreds of coves and islands. You can see the bottom through 10 feet of crystal clear water at the end of the dock. Quaint towns, multiple outdoor activities for adults and kids, and many excellent restaurants are all nearby. Google "Black Cat Island" to see the location.

Special rate for MRSA members - \$1650/week

Contact Norm and Chris Poulsen at cnpoulsen@gmail.com for more information and pictures.





# The Old Man

Magothy River Sailing Association P.O. Box 1135 Pasadena, MD 21122 Treasure the Chesapeake!

Please do your part to restore the Bay and actively make it cleaner.

htttp://www.magothysailing.com